



EMC

MEDICAL CENTRE

VASECTOMY CONSENT FORM

You have been referred for consideration of bilateral vasectomy as a form of permanent contraception.

Vasectomy involves removing a segment of the vas deferens, the tube which carries sperm from the testicle to the urethra. This is generally performed under a light local anaesthetic at **Elite Medical Centre**.

The procedure usually takes 15-20 minutes to perform, and you will be discharged the same day.

It is important that you understand the following issues prior to undergoing the procedure.

1. There will be some degree of swelling, bruising and discomfort in the first two weeks. You are advised to be on light duties only, and avoid sports, heavy physical work, and sexual activity. There is a small risk of immediate complications such as severe bruising and/or severe infection (1%). A local anaesthetic also has a very low risk of complications.
2. There is a greater than 99.9% success rate. The quoted risk of failure in the long term is approximately 1 in 5000. This can occur even if the operation is done properly and is due to the two ends of the cut vas growing back together (re-canalisation of the vas)
3. Vasectomy should be regarded as irreversible. Reversal or IVF can be performed in exceptional circumstances but has variable success rates.
4. Chronic post-vasectomy testicular pain is a risk which needs to be understood. Occasional mild discomfort may occur in up to 30% of patients on a long-term basis after the procedure. Mild to moderate intermittent discomfort can occur in up to 5% of patients in the long term. A severe form of chronic pain can occur in approximately 1-2% of patients who may regret having undergone the procedure. It is not possible to predict who may suffer from this complication.
5. Most importantly, after the procedure, you should maintain other forms of contraception until semen analysis is clear. A first semen analysis is performed at 12 weeks and this is usually clear. Occasionally small numbers of non-motile (dead) sperm are seen and in occasional cases these can persist for up to 6-9 months.

I have read the above information and understand the procedure, likely outcome, and possible complications of vasectomy. I also understand that it is not practical to mention all known possible complications and that those listed above are representative. Dr Fotouhi has explained all issues to my satisfaction, and I have requested to proceed with vasectomy.

Patient name:

Patient signature:

Witness name:

Date: